

Kursplan

23.04.2018 - 29.04.2018

Sportpark Oschatz
 Blomberger Str. 7
 04758 Oschatz
 03435 90370
 sportpark-oschatz@hotmail.de



Montag 23.04.2018	Dienstag 24.04.2018	Mittwoch 25.04.2018	Donnerstag 26.04.2018	Freitag 27.04.2018	Samstag 28.04.2018	Sonntag 29.04.2018
<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">17:00 - 18:00 Pump</div> <div style="background-color: #FF0000; padding: 5px; margin-bottom: 5px;">18:00 - 18:45 Reha-Sport</div> <div style="background-color: #FFA500; padding: 5px; margin-bottom: 5px;">19:00 - 20:00 Indoor Cycling</div> <div style="background-color: #00FF00; padding: 5px;">20:00 - 21:00 Pump</div>	<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:00 - 09:45 Fit ab 50</div> <div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:45 - 10:30 Fit ab 50</div> <div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">17:00 - 18:00 Pump</div> <div style="background-color: #0000FF; padding: 5px; margin-bottom: 5px;">18:00 - 19:00 Rücken Fit</div> <div style="background-color: #00FF00; padding: 5px;">19:00 - 20:00 Schlingenkurs</div>	<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">14:00 - 15:00 Pump Nico</div> <div style="background-color: #FF0000; padding: 5px; margin-bottom: 5px;">16:00 - 16:45 Reha-Sport</div> <div style="background-color: #FF0000; padding: 5px; margin-bottom: 5px;">17:00 - 17:45 Reha-Sport</div> <div style="background-color: #FFD700; padding: 5px; margin-bottom: 5px;">18:00 - 19:30 Yoga</div> <div style="background-color: #FFA500; padding: 5px;">19:30 - 20:30 Indoor Cycling</div>	<div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:00 - 09:45 Fit ab 50</div> <div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">09:45 - 10:30 Fit ab 50</div> <div style="background-color: #FF0000; padding: 5px; margin-bottom: 5px;">10:30 - 11:15 Reha-Sport</div> <div style="background-color: #00FF00; padding: 5px; margin-bottom: 5px;">17:00 - 18:00 Pump</div> <div style="background-color: #0000FF; padding: 5px; margin-bottom: 5px;">18:00 - 19:00 Rücken Fit</div> <div style="background-color: #00FF00; padding: 5px;">19:00 - 20:00 Pump</div>	<div style="background-color: #FFD700; padding: 5px;">19:00 - 20:30 Tai Chi</div>		

- Figurstraffung/G...
- Herz-Kreislauf-T...
- Körper & Entspan...
- Reha
- Rücken & Gesundh...

Stand: 27.04.2018